



LIGA FEMENINA 2023 GALEGA DE CLUBES

| POS | Equipo | Jornada 1 | Jornada 2 | Jornada 3 | Jornada 4 | Puntos |
|-----|-----------------------------|-----------|-----------|-----------|-----------|----------------|
| 1 | CLUB HALTEROFILIA CORUÑA | 1039,61 | 985,55 | 742,63 | 992,64 | 3760,43 |
| 2 | CLUB HALTEROFILIA SULYOS | 897,51 | 856,44 | 788,39 | 881,28 | 3423,62 |
| 3 | CLUB HALTEROFILIA VIGO | 892,68 | 863,75 | 753,47 | 802,14 | 3312,04 |
| 4 | CLUB HALTEROFILIA OURENSE | 859,99 | 759,24 | 789,81 | 823,73 | 3232,77 |
| 5 | C. HALTEROFILIA CENTAURUS | 666,09 | 653,24 | 663,44 | 712,45 | 2695,22 |
| 6 | C. HALTEROFILIA GAMAN | 591,37 | 625,42 | 641,1 | 610,56 | 2468,45 |
| 7 | C. HALTEROFILIA CAMBRE | 758,01 | 632,34 | 0 | 924,35 | 2314,7 |
| 8 | C. HALTEROFILIA RÍAS BAIXAS | 546,15 | 631,58 | 425,39 | 269,67 | 1872,79 |
| 9 | C. HALTEROFILIA FIGA | 425,33 | 631,28 | 741,92 | 0 | 1798,53 |
| 10 | C. HALTEROFILIA NOIA | 392,04 | 457,27 | 339,17 | 0 | 1188,48 |
| 11 | CLUB HALTEROFILIA LUGO | 0 | 437,36 | 81,81 | 0 | 519,17 |

CH Coruña

| CLUB | CLUB HALTEROFILIA CORUÑA | | | | | | |
|-----------------------|-----------------------------------|----------------------------|------------|-----------|-------------|--------|----------------|
| TOTALES | 3760,43 | | | | | | |
| JORNADA 1 | | | | | | | 1039,61 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 2004 | EDUARDA MORAIS | Club Halterofilia A Coruña | 61.00 kg | 92 Kg | 112 Kg | 204 kg | 273,21 |
| 1997 | NOELIA GARCÍA SUÁREZ | Club Halterofilia A Coruña | 48.66 kg | 62 Kg | 75 Kg | 137 kg | 215,38 |
| 2003 | DARIANA ABIGAIL ARANCIBIA MURILLO | Club Halterofilia Coruña B | 57.40 kg | 67 Kg | 85 Kg | 152 kg | 211,82 |
| 1998 | ODETTE ALONSO -SAÑUDO | Club Halterofilia A Coruña | 52.78 kg | 53 Kg | 71 Kg | 124 kg | 183,29 |
| 2003 | MARIA ALLEGUE CABANAS | Club Halterofilia A Coruña | 54.54 kg | 45 Kg | 63 Kg | 108 kg | 155,91 |
| | | | | | | | 1039,61 |
| JORNADA 2 | | | | | | | 985,55 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 2004 | RUTH FUENTEFRÍA SÁNCHEZ | Club Halterofilia A Coruña | 46.04 kg | 71 Kg | 78 Kg | 149 kg | 244,92 |
| 1997 | GIOVANNA ULLOA GALLARDO | Club Halterofilia A Coruña | 72.12 kg | 75 Kg | 92 Kg | 167 kg | 203,14 |
| 2004 | JENNIFER TOCUYO MAYORGA | Club Halterofilia A Coruña | 55.32 kg | 58 Kg | 72 Kg | 130 kg | 185,8 |
| 2003 | Mª ÁNGELES HERNÁNDEZ NÚÑEZ | Club Halterofilia A Coruña | 99.34 kg | 71 Kg | 97 Kg | 168 kg | 179,32 |
| 1998 | ODETTE ALONSO -SAÑUDO | Club Halterofilia A Coruña | 53.02 kg | 52 Kg | 65 Kg | 117 kg | 172,37 |
| | | | | | | | 985,55 |
| JORNADA 3 | | | | | | | 742,63 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 1997 | GIOVANNA ULLOA GALLARDO | Club Halterofilia A Coruña | 75.30 kg | 76 Kg | 97 Kg | 173 kg | 205,92 |
| 2004 | JENNIFER TOCUYO MAYORGA | Club Halterofilia A Coruña | 56.92 kg | 62 Kg | 75 Kg | 137 kg | 192 |
| 2003 | NURIA LAMAS BLANCO | Club Halterofilia A Coruña | 54.10 kg | 36 Kg | 48 Kg | 84 kg | 121,96 |
| 1996 | MARTA PEREZ LOPEZ | Club Halterofilia A Coruña | 67.36 kg | 43 Kg | 51 Kg | 94 kg | 118,64 |
| 2008 | CLAUDIA FERNANDEZ LOPEZ | Club Halterofilia A Coruña | 76.26 kg | 42 Kg | 46 Kg | 88 kg | 104,11 |
| | | | | | | | 742,63 |
| PUNTOS TOTALES | | | | | | | 992,64 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 2002 | IRENE BLANCO TARELA | Club Halterofilia A Coruña | 79.29 kg | 92 Kg | 115 Kg | 207 kg | 240,48 |
| 1997 | NOELIA GARCÍA SUÁREZ | Club Halterofilia A Coruña | 48.73 kg | 63 Kg | 72 Kg | 135 kg | 212 |
| 1997 | GIOVANNA ULLOA GALLARDO | Club Halterofilia A Coruña | 76.97 kg | 75 Kg | 96 Kg | 171 kg | 201,4 |
| 2003 | MARÍA HERNÁNDEZ NUÑEZ | Club Halterofilia A Coruña | 106.59 kg | 70 Kg | 94 Kg | 164 kg | 171,7 |
| 1988 | KATIA GONZALEZ | Club Halterofilia A Coruña | 52.13 kg | 50 Kg | 62 Kg | 112 kg | 167,06 |
| | | | | | | | 992,64 |

CH Ourense

| CLUB | CLUB HALTEROFILIA OURENSE | | | | | | |
|------------------|---------------------------------|---------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 3232,77 | | | | | | |
| JORNADA 1 | | | | | | | 859,99 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 2005 | UXIA ROMERO SACO | Club Halterofilia Ourense | 65.08 kg | 67 Kg | 87 Kg | 154 kg | 198,26 |
| 1999 | RAQUEL ROMERO SACO | Club Halterofilia Ourense | 57.50 kg | 55 Kg | 71 Kg | 126 kg | 175,38 |
| 1992 | ANDREA MONTES GONZALEZ | Club Halterofilia Ourense | 77.74 kg | 67 Kg | 82 Kg | 149 kg | 174,67 |
| 2005 | VALENTINA MARCUELLO CHICHAYKIVA | Club Halterofilia Ourense | 70.30 kg | 58 Kg | 77 Kg | 135 kg | 166,44 |
| 2005 | MARTA COTOS | Club Halterofilia Ourense | 87.00 kg | 55 Kg | 75 Kg | 130 kg | 145,24 |
| | | | | | | | 859,99 |
| JORNADA 2 | | | | | | | 759,24 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 1992 | ANDREA MONTES GONZALEZ | Club Halterofilia Ourense | 75.20 kg | 63 Kg | 78 Kg | 141 kg | 167,94 |
| 1999 | RAQUEL ROMERO SACO | Club Halterofilia Ourense | 57.50 kg | 53 Kg | 67 Kg | 120 kg | 167,03 |
| 2005 | VALENTINA MARCUELLO CHICHAYKIVA | Club Halterofilia Ourense | 68.00 kg | 53 Kg | 70 Kg | 123 kg | 154,42 |
| 2004 | CARLA CID ACEVEDO | Club Halterofilia Ourense | 61.60 kg | 54 Kg | 61 Kg | 115 kg | 153,07 |
| 2005 | UXIA ROMERO SACO | Club Halterofilia Ourense | 61.90 kg | 0 Kg | 88 Kg | 88 kg | 116,78 |
| | | | | | | | 759,24 |
| JORNADA 3 | | | | | | | 789,81 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 2005 | UXIA ROMERO SACO | Club Halterofilia Ourense | 63.02 kg | 65 Kg | 91 Kg | 156 kg | 204,74 |
| 1992 | ANDREA MONTES GONZALEZ | Club Halterofilia Ourense | 75.60 kg | 60 Kg | 78 Kg | 138 kg | 163,94 |
| 1999 | RAQUEL ROMERO SACO | Club Halterofilia Ourense | 58.68 kg | 50 Kg | 65 Kg | 115 kg | 157,92 |
| 2004 | CARLA CID ACEVEDO | Club Halterofilia Ourense | 63.38 kg | 52 Kg | 58 Kg | 110 kg | 143,87 |
| 2000 | LAURA COTOS FERNANDEZ | Club Halterofilia Ourense | 91.88 kg | 46 Kg | 63 Kg | 109 kg | 119,34 |
| | | | | | | | 789,81 |
| JORNADA 4 | | | | | | | 823,73 |
| AÑO NAC, | DEPORTISTA | CLUB | PESO CORP, | ARRANCADA | DOS TIEMPOS | T,O, | SINCLAIR |
| 2005 | UXIA ROMERO SACO | Club Halterofilia Ourense | 61.75 kg | 76 Kg | 92 Kg | 168 kg | 223,28 |
| 1999 | RAQUEL ROMERO SACO | Club Halterofilia Ourense | 59.91 kg | 54 Kg | 70 Kg | 124 kg | 167,99 |
| 1992 | ANDREA MONTES GONZALEZ | Club Halterofilia Ourense | 77.69 kg | 60 Kg | 77 Kg | 137 kg | 160,65 |
| 2004 | CARLA CID ACEVEDO | Club Halterofilia Ourense | 64.84 kg | 52 Kg | 62 Kg | 114 kg | 147,09 |
| 2000 | LAURA COTOS FERNANDEZ | Club Halterofilia Ourense | 89.85 kg | 49 Kg | 64 Kg | 113 kg | 124,72 |
| | | | | | | | 823,73 |

CH Lugo

| CLUB | CLUB HALTEROFILIA LUGO | | | | | | |
|------------------|------------------------|------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 519,17 | | | | | | |
| JORNADA 1 | | | | | | | 0 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
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| | | | | | | | 0 |
| JORNADA 2 | | | | | | | 437,36 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1990 | TEGRA BASADE GONZALEZ | Club Halterofilia Lugo | 57.62 kg | 47 Kg | 60 Kg | 107 kg | 148,72 |
| 2007 | LUCIA LATAS CABADO | Club Halterofilia Lugo | 54.96 kg | 40 Kg | 48 Kg | 88 kg | 126,35 |
| 1991 | CRISTINA ADRIO VILLAR | Club Halterofilia Lugo | 77.64 kg | 40 Kg | 45 Kg | 85 kg | 99,71 |
| 1979 | PATRICIA GONZALEZ RIO | Club Halterofilia Lugo | 68.38 kg | 50 Kg | 0 Kg | 50 kg | 62,58 |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | 437,36 |
| JORNADA 3 | | | | | | | 81,81 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1990 | TEGRA BASADE GONZALEZ | Club Halterofilia Lugo | 59.32 kg | 0 Kg | 60 Kg | 60 kg | 81,81 |
| | | | | | | | |
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| | | | | | | | |
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| | | | | | | | |
| | | | | | | | 81,81 |
| JORNADA 4 | | | | | | | 0 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
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| | | | | | | | 0 |

CH Sulyos

| CLUB | CLUB HALTEROFILIA SULYOS | | | | | | |
|------------------|----------------------------|--------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 3423,62 | | | | | | |
| JORNADA 1 | | | | | | | 897,51 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1992 | TANIA POSE GARCIA | Club Halterofilia Sulyos | 66.06 kg | 66 Kg | 87 Kg | 153 kg | 195,27 |
| 1989 | MARIA F. GUENZANI | Club Halterofilia Sulyos | 48.88 kg | 54 Kg | 70 Kg | 124 kg | 194,25 |
| 2002 | ELENA GARCIA GAGO | Club Halterofilia Sulyos | 53.88 kg | 51 Kg | 70 Kg | 121 kg | 176,2 |
| 1990 | PATRICIA TUÑEZ LEMA | Club Halterofilia Sulyos | 58.94 kg | 55 Kg | 70 Kg | 125 kg | 171,15 |
| 1990 | LAURA RAMIL P. | Club Halterofilia Sulyos | 65.28 kg | 54 Kg | 71 Kg | 125 kg | 160,64 |
| | | | | | | | 897,51 |
| JORNADA 2 | | | | | | | 856,44 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1989 | MARIA F. GUENZANI | Club Halterofilia Sulyos | 48.70 kg | 56 Kg | 72 Kg | 128 kg | 201,1 |
| 1992 | TANIA POSE GARCIA | Club Halterofilia Sulyos | 65.86 kg | 63 Kg | 84 Kg | 147 kg | 187,94 |
| 1990 | LAURA RAMIL P. | Club Halterofilia Sulyos | 66.70 kg | 58 Kg | 69 Kg | 127 kg | 161,19 |
| 1991 | CLARA CID BENGÓA | Club Halterofilia Sulyos | 58.58 kg | 48 Kg | 66 Kg | 114 kg | 156,72 |
| 1993 | REBECA MENGUAL MACELLE | Club Halterofilia Sulyos | 56.40 kg | 46 Kg | 60 Kg | 106 kg | 149,49 |
| | | | | | | | 856,44 |
| JORNADA 3 | | | | | | | 788,39 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1989 | MARIA F. GUENZANI | Club Halterofilia Sulyos | 48.58 kg | 58 Kg | 73 Kg | 131 kg | 206,21 |
| 1990 | LAURA RAMIL P. | Club Halterofilia Sulyos | 65.50 kg | 60 Kg | 70 Kg | 130 kg | 166,74 |
| 1993 | REBECA MENGUAL MACELLE | Club Halterofilia Sulyos | 54.38 kg | 49 Kg | 56 Kg | 105 kg | 151,9 |
| 1997 | ANA FELJOO RODRIGUEZ | Club Halterofilia Sulyos | 53.50 kg | 42 Kg | 55 Kg | 97 kg | 141,97 |
| 1979 | CRISTINA ALVAREZ RODRIGUEZ | Club Halterofilia Sulyos | 69.50 kg | 43 Kg | 55 Kg | 98 kg | 121,57 |
| | | | | | | | 788,39 |
| JORNADA 4 | | | | | | | 881,28 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1989 | MARIA FLORENCIA GUENZANI | Club Halterofilia Sulyos | 48.77 kg | 57 Kg | 70 Kg | 127 kg | 199,31 |
| 1992 | TANIA POSE GARCIA | Club Halterofilia Sulyos | 63.19 kg | 65 Kg | 84 Kg | 149 kg | 195,24 |
| 1990 | PATRICIA TUÑEZ LEMA | Club Halterofilia Sulyos | 64.29 kg | 60 Kg | 80 Kg | 140 kg | 181,55 |
| 1990 | LAURA RAMIL P. | Club Halterofilia Sulyos | 63.57 kg | 55 Kg | 65 Kg | 120 kg | 156,67 |
| 1992 | SARA RODRÍGUEZ VEIRA | Club Halterofilia Sulyos | 63.80 kg | 50 Kg | 64 Kg | 114 kg | 148,51 |
| | | | | | | | 881,28 |

CH Vigo

| CLUB | CLUB HALTEROFILIA VIGO | | | | | | |
|------------------|------------------------------------|------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 3312,04 | | | | | | |
| JORNADA 1 | | | | | | | 892,68 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2005 | AMY ABELLEIRA REY | Club Halterofilia Vigo | 68.60 kg | 78 Kg | 98 Kg | 176 kg | 219,89 |
| 1987 | ANA FILIPA RODRIGUEZ BRANDAO | Club Halterofilia Vigo | 69.94 kg | 72 Kg | 85 Kg | 157 kg | 194,09 |
| 1992 | LORENA FIGUEIRIDO DE LA CONCEPCIÓN | Club Halterofilia Vigo | 48.48 kg | 45 Kg | 59 Kg | 104 kg | 163,98 |
| 1988 | LUCIA AGUAYO SANTOS | Club Halterofilia Vigo | 57.76 kg | 53 Kg | 63 Kg | 116 kg | 160,97 |
| 1988 | DAYSI YASMIN FIGUEROA | Club Halterofilia Vigo | 69.56 kg | 56 Kg | 68 Kg | 124 kg | 153,75 |
| | | | | | | | |
| | | | | | | | 892,68 |
| JORNADA 2 | | | | | | | 863,75 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2005 | AMY ABELLEIRA REY | Club Halterofilia Vigo | 69.14 kg | 73 Kg | 95 Kg | 168 kg | 208,99 |
| 1987 | ANA FILIPA RODRIGUEZ BRANDAO | Club Halterofilia Vigo | 70.64 kg | 72 Kg | 84 Kg | 156 kg | 191,83 |
| 1996 | CARLA ESPINEIRA LIS | Club Halterofilia Vigo | 71.48 kg | 55 Kg | 73 Kg | 128 kg | 156,42 |
| 1988 | DAYSI YASMIN FIGUEROA | Club Halterofilia Vigo | 68.50 kg | 54 Kg | 69 Kg | 123 kg | 153,8 |
| 2003 | ALDARA PAZOS DOMINGUEZ | Club Halterofilia Vigo | 59.32 kg | 46 Kg | 66 Kg | 112 kg | 152,71 |
| | | | | | | | |
| | | | | | | | 863,75 |
| JORNADA 3 | | | | | | | 753,47 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2022 | LUCIA AGUAYO SANTOS | Club Halterofilia Vigo | 57.08 kg | 55 Kg | 63 Kg | 118 kg | 165,06 |
| 1969 | IRIA ABALDE ORTEGA | Club Halterofilia Vigo | 64.12 kg | 53 Kg | 69 Kg | 122 kg | 158,46 |
| 1989 | TERESA ELVIRA MUÑIZ | Club Halterofilia Vigo | 63.86 kg | 50 Kg | 67 Kg | 117 kg | 152,33 |
| 1996 | CARLA ESPINEIRA LIS | Club Halterofilia Vigo | 68.98 kg | 55 Kg | 67 Kg | 122 kg | 151,96 |
| 1994 | MARIA JARDON CABALEIRO | Club Halterofilia Vigo | 110.26 kg | 57 Kg | 64 Kg | 121 kg | 125,66 |
| | | | | | | | |
| | | | | | | | 753,47 |
| JORNADA 4 | | | | | | | 802,14 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2022 | LUCIA AGUAYO SANTOS | Club Halterofilia Vigo | 53.97 kg | 54 Kg | 64 Kg | 118 kg | 171,63 |
| 1983 | MIRIAM CHAPELA CARBALLO | Club Halterofilia Vigo | 51.88 kg | 50 Kg | 60 Kg | 110 kg | 164,67 |
| 1996 | KATHERINE IGLESIAS | Club Halterofilia Vigo | 54.23 kg | 45 Kg | 64 Kg | 109 kg | 157,99 |
| 1969 | IRIA ABALDE ORTEGA | Club Halterofilia Vigo | 64.61 kg | 53 Kg | 68 Kg | 121 kg | 156,45 |
| 1981 | REBECA MOREIRA SANMARTÍN | Club Halterofilia Vigo | 54.63 kg | 45 Kg | 60 Kg | 105 kg | 151,4 |
| | | | | | | | |
| | | | | | | | 802,14 |

C.H. Rias Baixas

| CLUB | C.HALTEROFILIA RÍAS BAIXAS | | | | | | |
|----------------|----------------------------|-------------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 1872,79 | | | | | | |
| JORNADA 1 | | | | | | | 546,15 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2001 | NATALIA FERNANDEZ PICALLO | Club Halterofilia Rías Baixas | 67.10 kg | 51 Kg | 63 Kg | 114 kg | 144,2 |
| 1969 | SARA ROZAS | Club Halterofilia Rías Baixas | 63.70 kg | 47 Kg | 61 Kg | 108 kg | 140,83 |
| 1997 | ALBA MARTINEZ FREIRE | Club Halterofilia Rías Baixas | 68.26 kg | 45 Kg | 60 Kg | 105 kg | 131,54 |
| 1978 | CRISTINA MARTÍNEZ JIMÉNEZ | Club Halterofilia Rías Baixas | 46.16 kg | 34 Kg | 45 Kg | 79 kg | 129,58 |
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| | | | | | | | |
| | | | | | | | 546,15 |
| JORNADA 2 | | | | | | | 631,58 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1997 | ALBA MARTINEZ FREIRE | Club Halterofilia Rías Baixas | 69.18 kg | 48 Kg | 65 Kg | 113 kg | 140,53 |
| 1986 | MARIA TABOADA | Club Halterofilia Rías Baixas | 51.40 kg | 38 Kg | 53 Kg | 91 kg | 137,17 |
| 1997 | KAOLI MARRON ALVAREZ | Club Halterofilia Rías Baixas | 65.46 kg | 38 Kg | 61 Kg | 99 kg | 127,02 |
| 1998 | VANESSA CASTILLO ALVARIN | Club Halterofilia Rías Baixas | 89.02 kg | 45 Kg | 66 Kg | 111 kg | 122,93 |
| 2004 | SANDRA BOUZAS SILVA | Club Halterofilia Rías Baixas | 92.08 kg | 42 Kg | 53 Kg | 95 kg | 103,93 |
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| | | | | | | | |
| | | | | | | | 631,58 |
| JORNADA 3 | | | | | | | 425,39 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2001 | NATALIA FERNANDEZ PICALLO | Club Halterofilia Rías Baixas | 62.82 kg | 50 Kg | 65 Kg | 115 kg | 151,23 |
| 1986 | MARIA TABOADA | Club Halterofilia Rías Baixas | 51.70 kg | 41 Kg | 52 Kg | 93 kg | 139,58 |
| 1997 | KAOLI MARRON ALVAREZ | Club Halterofilia Rías Baixas | 64.52 kg | 42 Kg | 62 Kg | 104 kg | 134,58 |
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| | | | | | | | 425,39 |
| JORNADA 4 | | | | | | | 269,67 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 2001 | NATALIA FERNANDEZ PICALLO | Club Halterofilia Rías Baixas | 63.14 kg | 51 Kg | 61 Kg | 112 kg | 146,83 |
| 1998 | VANESSA CASTILLO ALVARIN | Club Halterofilia Rías Baixas | 85.11 kg | 49 Kg | 60 Kg | 109 kg | 122,84 |
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| | | | | | | | |
| | | | | | | | 269,67 |

| CLUB | C.HALTEROFILIA CAMBRE | | | | | | |
|------------------|-----------------------------|--------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 2314,7 | | | | | | |
| JORNADA 1 | | | | | | | 758,01 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1992 | CAMILA SOARES FONSECA | Club Halterofilia Cambre | 57.48 kg | 55 Kg | 71 Kg | 126 kg | 175,42 |
| 1991 | LAURA MONTERO ROMERO | Club Halterofilia Cambre | 63.06 kg | 58 Kg | 68 Kg | 126 kg | 165,31 |
| 1996 | ALEXA FERNANDEZ TEJEIRO | Club Halterofilia Cambre | 53.00 kg | 46 Kg | 62 Kg | 108 kg | 159,15 |
| 2008 | XIANA PEREZ BRION | Club Halterofilia Cambre | 59.08 kg | 43 Kg | 61 Kg | 104 kg | 142,18 |
| 1978 | JOANA BATISTA ROCHA MACHADO | Club Halterofilia Cambre | 62.62 kg | 38 Kg | 50 Kg | 88 kg | 115,95 |
| | | | | | | | |
| | | | | | | | 758,01 |
| JORNADA 2 | | | | | | | 632,34 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1997 | INES VELASCO ROMERO | Club Halterofilia Cambre | 68.40 kg | 70 Kg | 91 Kg | 161 kg | 201,47 |
| 1991 | LAURA MONTERO ROMERO | Club Halterofilia Cambre | 64.46 kg | 55 Kg | 70 Kg | 125 kg | 161,84 |
| 2008 | XIANA PEREZ BRION | Club Halterofilia Cambre | 60.54 kg | 48 Kg | 62 Kg | 110 kg | 148,03 |
| 1977 | NOELIA FANDIÑO ALLER | Club Halterofilia Cambre | 67.52 kg | 40 Kg | 56 Kg | 96 kg | 121 |
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| | | | | | | | 632,34 |
| JORNADA 3 | | | | | | | 0 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
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| JORNADA 4 | | | | | | | 924,35 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1996 | PAULA VILCHEZ MAICAS | Club Halterofilia Cambre | 63.19 kg | 76 Kg | 92 Kg | 168 kg | 220,13 |
| 1993 | ARANCHA PUIME CASAL | Club Halterofilia Cambre | 62.89 kg | 65 Kg | 82 Kg | 147 kg | 193,17 |
| 2001 | NOELIA BACARIZA MORENO | Club Halterofilia Cambre | 66.95 kg | 65 Kg | 75 Kg | 140 kg | 177,31 |
| 1992 | CAMILA SOARES FONSECA | Club Halterofilia Cambre | 56.67 kg | 57 Kg | 68 Kg | 125 kg | 175,71 |
| 2008 | XIANA PEREZ BRION | Club Halterofilia Cambre | 60.19 kg | 49 Kg | 68 Kg | 117 kg | 158,03 |
| | | | | | | | |
| | | | | | | | 924,35 |

C.H. Noia

| CLUB | C.HALTEROFILIA NOIA | | | | | | |
|------------------|--------------------------|------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 1188,48 | | | | | | |
| JORNADA 1 | | | | | | | 392,04 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1990 | ALBA MANZANEDO MATILLA | Club Halterofilia Noia | 51.66 kg | 55 Kg | 68 Kg | 123 kg | 184,71 |
| 1995 | IRIA MARTINEZ VILAS | Club Halterofilia Noia | 70.64 kg | 45 Kg | 60 Kg | 105 kg | 129,12 |
| 1996 | RAQUEL DE LA CASA FRANCO | Club Halterofilia Noia | 69.40 kg | 28 Kg | 35 Kg | 63 kg | 78,21 |
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| | | | | | | | 392,04 |
| JORNADA 2 | | | | | | | 457,27 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1990 | ALBA MANZANEDO MATILLA | Club Halterofilia Noia | 52.28 kg | 56 Kg | 70 Kg | 126 kg | 187,55 |
| 1995 | IRIA MARTINEZ VILAS | Club Halterofilia Noia | 71.22 kg | 51 Kg | 63 Kg | 114 kg | 139,58 |
| 1996 | RAQUEL DE LA CASA FRANCO | Club Halterofilia Noia | 71.78 kg | 30 Kg | 35 Kg | 65 kg | 79,26 |
| 1991 | GRACIELA MARTINEZ | Club Halterofilia Noia | 66.44 kg | 40 Kg | 0 Kg | 40 kg | 50,88 |
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| | | | | | | | 457,27 |
| JORNADA 3 | | | | | | | 339,17 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1990 | ALBA MANZANEDO MATILLA | Club Halterofilia Noia | 51.78 kg | 56 Kg | 70 Kg | 126 kg | 188,89 |
| 1995 | IRIA MARTINEZ VILAS | Club Halterofilia Noia | 71.51 kg | 55 Kg | 68 Kg | 123 kg | 150,28 |
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| | | | | | | | 339,17 |
| JORNADA 4 | | | | | | | 0 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
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| | | | | | | | 0 |

C.H. Gaman

| CLUB | C.HALTEROFILIA GAMAN | | | | | | |
|------------------|-----------------------------|-------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 2468,45 | | | | | | |
| JORNADA 1 | | | | | | | 591,37 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1997 | NAOMI PIÑEIRO AVENDAÑO | Club Halterofilia Gaman | 53.60 kg | 45 Kg | 61 Kg | 106 kg | 154,94 |
| 1986 | PATRICIA ALLEGUE CABANAS | Club Halterofilia Gaman | 65.30 kg | 42 Kg | 61 Kg | 103 kg | 132,34 |
| 1999 | CLARA SANTAMARIA DIOS | Club Halterofilia Gaman | 63.18 kg | 38 Kg | 50 Kg | 88 kg | 115,32 |
| 1985 | BEATRIZ FERNANDEZ ESPANTOSO | Club Halterofilia Gaman | 49.52 kg | 27 Kg | 40 Kg | 67 kg | 103,9 |
| 1997 | MARTA FERNANDEZ ESPANTOSO | Club Halterofilia Gaman | 58.96 kg | 27 Kg | 35 Kg | 62 kg | 84,87 |
| | | | | | | | 591,37 |
| JORNADA 2 | | | | | | | 625,42 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1997 | NAOMI PIÑEIRO AVENDAÑO | Club Halterofilia Gaman | 55.26 kg | 45 Kg | 62 Kg | 107 kg | 153,05 |
| 1986 | PATRICIA ALLEGUE CABANAS | Club Halterofilia Gaman | 66.56 kg | 42 Kg | 63 Kg | 105 kg | 133,43 |
| 1999 | CLARA SANTAMARIA DIOS | Club Halterofilia Gaman | 62.50 kg | 41 Kg | 53 Kg | 94 kg | 124 |
| 1985 | BEATRIZ FERNANDEZ ESPANTOSO | Club Halterofilia Gaman | 49.64 kg | 30 Kg | 43 Kg | 73 kg | 112,99 |
| 1998 | AROA PICOS LEON | Club Halterofilia Gaman | 60.84 kg | 30 Kg | 46 Kg | 76 kg | 101,95 |
| | | | | | | | 625,42 |
| JORNADA 3 | | | | | | | 641,1 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1997 | NAOMI PIÑEIRO AVENDAÑO | Club Halterofilia Gaman | 55.04 kg | 50 Kg | 62 Kg | 112 kg | 160,65 |
| 1986 | PATRICIA ALLEGUE CABANAS | Club Halterofilia Gaman | 64.88 kg | 45 Kg | 65 Kg | 110 kg | 141,87 |
| 1999 | CLARA SANTAMARIA DIOS | Club Halterofilia Gaman | 60.60 kg | 42 Kg | 54 Kg | 96 kg | 129,11 |
| 1998 | AROA PICOS LEON | Club Halterofilia Gaman | 60.34 kg | 31 Kg | 48 Kg | 79 kg | 106,54 |
| 1985 | BEATRIZ FERNANDEZ ESPANTOSO | Club Halterofilia Gaman | 55.30 kg | 32 Kg | 40 Kg | 72 kg | 102,93 |
| | | | | | | | 641,1 |
| JORNADA 4 | | | | | | | 610,56 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1997 | NAOMI PIÑEIRO AVENDAÑO | Club Halterofilia Gaman | 54.16 kg | 50 Kg | 64 Kg | 114 kg | 165,39 |
| 1999 | CLARA SANTAMARIA DIOS | Club Halterofilia Gaman | 60.08 kg | 40 Kg | 58 Kg | 98 kg | 132,53 |
| 1998 | AROA PICOS LEON | Club Halterofilia Gaman | 60.19 kg | 36 Kg | 46 Kg | 82 kg | 110,76 |
| 1985 | BEATRIZ FERNANDEZ ESPANTOSO | Club Halterofilia Gaman | 52.00 kg | 30 Kg | 43 Kg | 73 kg | 109,09 |
| 1997 | MARTA FERNANDEZ ESPANTOSO | Club Halterofilia Gaman | 59.25 kg | 33 Kg | 35 Kg | 68 kg | 92,79 |
| | | | | | | | 610,56 |

C.H. Figa

| CLUB | C.HALTEROFILIA FIGA | | | | | | |
|------------------|------------------------|------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 1798,53 | | | | | | |
| JORNADA 1 | | | | | | | 425,33 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1995 | LAURA FERNANDEZ DOSIL | Club Halterofilia Figa | 60.40 kg | 48 Kg | 62 Kg | 110 kg | 148,25 |
| 1995 | MARIA TRIGOSO ACHING | Club Halterofilia Figa | 82.30 kg | 52 Kg | 73 Kg | 125 kg | 142,85 |
| 2004 | AMAYA MORALES CARBALLO | Club Halterofilia Figa | 51.36 kg | 39 Kg | 50 Kg | 89 kg | 134,23 |
| | | | | | | | |
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| | | | | | | | |
| | | | | | | | 425,33 |
| JORNADA 2 | | | | | | | 631,28 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1995 | LAURA FERNANDEZ DOSIL | Club Halterofilia Figa | 60.26 kg | 46 Kg | 68 Kg | 114 kg | 153,87 |
| 1995 | MARIA TRIGOSO ACHING | Club Halterofilia Figa | 76.60 kg | 54 Kg | 70 Kg | 124 kg | 146,38 |
| 2004 | AMAYA MORALES CARBALLO | Club Halterofilia Figa | 50.68 kg | 35 Kg | 58 Kg | 93 kg | 141,68 |
| 2001 | LAURA MENDEZ BOUZA | Club Halterofilia Figa | 63.98 kg | 43 Kg | 55 Kg | 98 kg | 127,45 |
| 1994 | ROCIO PRIETO DIAZ | Club Halterofilia Figa | 69.76 kg | 0 Kg | 50 Kg | 50 kg | 61,9 |
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| | | | | | | | 631,28 |
| JORNADA 3 | | | | | | | 741,92 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1995 | LAURA FERNANDEZ DOSIL | Club Halterofilia Figa | 58.36 kg | 52 Kg | 67 Kg | 119 kg | 164 |
| 2001 | LAURA MENDEZ BOUZA | Club Halterofilia Figa | 62.26 kg | 51 Kg | 67 Kg | 118 kg | 156,03 |
| 2004 | AMAYA MORALES CARBALLO | Club Halterofilia Figa | 49.60 kg | 38 Kg | 60 Kg | 98 kg | 151,79 |
| 1995 | MARIA TRIGOSO ACHING | Club Halterofilia Figa | 77.40 kg | 53 Kg | 73 Kg | 126 kg | 148,01 |
| 1994 | ROCIO PRIETO DIAZ | Club Halterofilia Figa | 68.96 kg | 40 Kg | 58 Kg | 98 kg | 122,09 |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | 741,92 |
| JORNADA 4 | | | | | | | 0 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
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| | | | | | | | 0 |

C.H. Centaurus

| CLUB | C. HALTEROFILIA CENTAURUS | | | | | | |
|------------------|---------------------------------|-----------------------------|------------|-----------|-------------|--------|---------------|
| PUNTOS TOTALES | 2695,22 | | | | | | |
| JORNADA 1 | | | | | | | 666,09 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1995 | OLALLA CHAPELA CARBALLO | Club Halterofilia Centaurus | 52.56 kg | 46 Kg | 62 Kg | 108 kg | 160,12 |
| 1993 | MARIA TERESA FERNANDEZ REBOREDA | Club Halterofilia Centaurus | 58.34 kg | 42 Kg | 56 Kg | 98 kg | 135,09 |
| 1989 | YULIANA MARCELA ARANGO RENFIGO | Club Halterofilia Centaurus | 67.62 kg | 45 Kg | 60 Kg | 105 kg | 132,24 |
| 1985 | ALEXANDRA VAZQUEZ CAMPOS | Club Halterofilia Centaurus | 82.82 kg | 50 Kg | 60 Kg | 110 kg | 125,38 |
| 1990 | ALBA ESTEBAN VILLA | Club Halterofilia Centaurus | 69.08 kg | 42 Kg | 49 Kg | 91 kg | 113,26 |
| | | | | | | | 666,09 |
| JORNADA 2 | | | | | | | 653,24 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1999 | ANDREA LEDESMA GARCIA | Club Halterofilia Centaurus | 58.44 kg | 43 Kg | 61 Kg | 104 kg | 143,2 |
| 1989 | YULIANA MARCELA ARANGO RENFIGO | Club Halterofilia Centaurus | 68.59 kg | 52 Kg | 61 Kg | 113 kg | 141,19 |
| 1992 | SARA BARREIRO MARCOS | Club Halterofilia Centaurus | 54.62 kg | 40 Kg | 55 Kg | 95 kg | 137 |
| 1990 | ALBA ESTEBAN VILLA | Club Halterofilia Centaurus | 69.50 kg | 45 Kg | 52 Kg | 97 kg | 120,33 |
| 1990 | KARINE DAVID VIVAS | Club Halterofilia Centaurus | 63.06 kg | 36 Kg | 49 Kg | 85 kg | 111,52 |
| | | | | | | | 653,24 |
| JORNADA 3 | | | | | | | 663,44 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1989 | YULIANA MARCELA ARANGO RENFIGO | Club Halterofilia Centaurus | 67.10 kg | 54 Kg | 66 Kg | 120 kg | 151,79 |
| 1999 | LARA DASILVA PEREIRA | Club Halterofilia Centaurus | 61.36 kg | 47 Kg | 57 Kg | 104 kg | 138,77 |
| 1992 | SARA BARREIRO MARCOS | Club Halterofilia Centaurus | 58.72 kg | 40 Kg | 56 Kg | 96 kg | 131,77 |
| 1990 | ALBA ESTEBAN VILLA | Club Halterofilia Centaurus | 69.62 kg | 45 Kg | 54 Kg | 99 kg | 122,69 |
| 1990 | KARINE DAVID VIVAS | Club Halterofilia Centaurus | 62.76 kg | 40 Kg | 50 Kg | 90 kg | 118,42 |
| | | | | | | | 663,44 |
| JORNADA 4 | | | | | | | 712,45 |
| AÑO NAC. | DEPORTISTA | CLUB | PESO CORP. | ARRANCADA | DOS TIEMPOS | T.O. | SINCLAIR |
| 1989 | YULIANA MARCELA ARANGO RENFIGO | Club Halterofilia Centaurus | 66.72 kg | 56 Kg | 65 Kg | 121 kg | 153,55 |
| 1999 | LARA DASILVA PEREIRA | Club Halterofilia Centaurus | 58.06 kg | 48 Kg | 62 Kg | 110 kg | 152,12 |
| 1993 | MARIA TERESA FERNANDEZ REBOREDA | Club Halterofilia Centaurus | 56.03 kg | 47 Kg | 60 Kg | 107 kg | 151,58 |
| 1990 | KARINE DAVID VIVAS | Club Halterofilia Centaurus | 62.91 kg | 46 Kg | 53 Kg | 99 kg | 130,07 |
| 1990 | ALBA ESTEBAN VILLA | Club Halterofilia Centaurus | 68.41 kg | 45 Kg | 55 Kg | 100 kg | 125,13 |
| | | | | | | | 712,45 |